

THE WILSON SCHOOL SPEAKER SERIES PRESENTS

Love and Limits

Positive Discipline Strategies That Work!

Gail Reichlin

Thursday, October 22

7:00 p.m. at The Wilson School

It's simply a given that children need unconditional love and limits to guide their development. The question remains: How do we get good results? Some well-meaning parents find themselves barking loud reprimands and declaring heavy punishments. Others do it with repeated gentle reminders and persuasion (much explaining, nagging and begging). And, there are those who manage to set clear, firm limits by first discussing and then consistently enforcing their rules while holding their children accountable...at least on a good day.

Although these methods differ, we all have 24/7 access to the same tools to teach our children right from wrong — our words and our actions. Communication and cooperation often break down when either of these messages are unclear or ineffective, inviting testing and resistance, thereby setting up both parent and child for conflict. Gail Reichlin will guide parents in examining discipline options for changing their words and actions first in order to get a positive change in the child's behavior.

Warning: *Be prepared to laugh!*

reserve your seat today

email: speakerseries@wilsonschool.com

The program is free and open to the public. Limited parking is available. Please arrive early, observe parking signs and keep residents' driveways clear. Carpooling is encouraged.



Author, Gail Reichlin, is a dynamic, internationally respected keynote speaker for both parents and teachers. She is well-known for her wit and wisdom relating to effective discipline and communication with young children.

Gail is a 45-year veteran preschool teacher, parent/teacher educator and school consultant as well as the founding executive director of The Parents Resource Network in Chicago, providing education and support since 1984. Her popular A-Z guidebook, "The Pocket Parent," has sold over 200,000 copies in the USA with translations in 17 foreign languages.

Book signing to follow the program.

